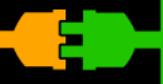


#pluG  **Into**
CAMBRIDGE

VOLUNTEER.
LEND A HAND.
MAKE A
DIFFERENCE.

Your Guide
to Local
Volunteer
Organizations



Dear Valued Cambridge Community Member,

Welcome to Cambridge! As you can see, we have a thriving community here with many work and play opportunities. We are passionate about maintaining our great community. One of the very core strengths of Cambridge is our volunteer base, they are a gift to our community. We invite you to explore the next pages and find a way for you to plug into something bigger than yourself, meet people, grow in your personal development, and just enjoy life by giving. Research shows that volunteering:

1. Benefits Society
2. Gives People a Greater Sense of Purpose
3. Creates Opportunities and Personal Development
4. Builds Relationships and Networking

www.psychologytoday.com

We hope that you consider the opportunities to plug into Cambridge and make a difference in the world.

Sincerely,

The 2018/2019 Cambridge Leadership Program Team

Volunteers do not necessarily have the time;
they have the HEART. —*Elizabeth Andrew*

CAMBRIDGE VOLUNTEER FIRE DEPARTMENT

Like many small towns, Cambridge relies on an all-volunteer fire department to respond quickly to local emergencies. These volunteers perform regular firefighting duties including fire suppression and prevention, rescuing victims from cars or buildings and mutual aid support for neighboring towns and rural areas. Being a fireman can be a daunting task as you undergo training and perform physical assignments. But, it can also be very rewarding in the service you provide during life threatening events.



Because our department is based on volunteerism, there is always a need for volunteers to avoid being shorthanded during a true emergency. We're always looking for new, fresh, energetic and committed team members. Do you have a desire to serve? Then we want you to join our squad. Volunteering to be on the CVFD squad can provide you with a sense of commitment to your community and create strong connections with local citizens. Monthly meetings are held every 3rd Monday at 7pm at the fire barn. If you are interested, please contact the current Fire Chief listed on the Cambridge City website.

CAMBRIDGE EMERGENCY MEDICAL SERVICES

Another all-volunteer squad who supports Cambridge are our emergency medical responders. Much like the volunteer fire department, the EMS team is always recruiting new members who want to be a part of an essential team of people with passion for helping citizens in emergency situations. To be a responder requires certification through classes and then continuing education to maintain the status.



Serious volunteers are encouraged to apply to be on the EMS squad and can find out more about requirements by emailing cambridgeambulance@gmail.com.

There's nothing stronger than the heart of a Volunteer.

CAMBRIDGE ECONOMIC DEVELOPMENT

The EDC serves as an enabler for the community to focus on business recruitment, quality of life and economic impactors for Cambridge. Our main purpose is to retain business as well as to recruit new businesses. We also focus on housing solutions and community development in order to attract new families to town. Our goal is to coordinate resources in order to promote our school, career opportunities, health care, affordable housing and recreation opportunities to current and future residents and businesses.

There are many ways to be part of the Cambridge EDC. We are always looking for people who want to champion the cause of increasing economic development in Cambridge and have a desire to make Cambridge a better place to live. We invite those with an understanding of community, an open mind, and a willingness to make Cambridge better financially and through human capital and energy to join our cause. Interested persons can serve as an active board member or participate by joining the housing development, supporting existing businesses or youth engagement committees. You can find us at the City office, City website or visit us at our Facebook page.

CAMBRIDGE CHAMBER OF COMMERCE



A non-profit organization that supports local businesses and the overall health of Cambridge's economy. Comprised of and supported by local businesses, homebased entrepreneurs, individuals and business partners of Cambridge, our number one goal is Helping Business Succeed. The Chamber seeks to actively promote economic sustainability, prosperity and growth through collective efforts.

We are always looking for active members and people who want to see the community thrive. Interested in serving on a committee or board? Contact us through the City website, Facebook page or by emailing cambridgechamber1@gmail.com. Volunteers are the heart of all our successful events, activities and promotions.

CAMBRIDGE PLANNING COMMISSION

The Cambridge Planning Commission serves as an extension of the Municipality of Cambridge. The goal of the Planning Commission is to maintain and improve the aesthetics of the town as well as to approve building permits and regulate zoning laws as it pertains to residential, agricultural and commercial buildings. It adopts plans for physical development. The Planning Commission makes recommendations to the City Council. It is made up of five volunteers who serve three year terms. They meet the second Wednesday of each month. If you are interested in serving on this board, please contact the City office at 308-697-3711 for more information.

"The meaning of life is to find your gift.

The purpose of life is to give it away." - William Shakespeare

CITIZEN'S ADVISORY COMMITTEE

Administration of an LB-840 tax program for economic development includes a compact with the citizens of Cambridge, who agreed to pay a higher sales tax in return for an investment in the future of the community. The residents have a right to review the effectiveness of that investment through a separate voice and authority -- in the form of the Citizens Advisory Review Committee.

This advisory committee was created in November 2005, when the Cambridge community approved a tax levy to help fund economic-development projects under the legislature's "LB-840" guiding legislation. According to city ordinance, this advisory committee meets at least twice a year with the Cambridge Economic Development Board and reports any concerns or findings to the mayor and City Council. If you would like more information about this committee, please contact the City Office at 308-697-3711.

BUTLER MEMORIAL LIBRARY FOUNDATION & BOARD

The Library's mission is to provide resources, materials and events that enhance the quality of life, fulfill educational needs and provide entertainment for patrons in our community. The library is open to the public and has something for everyone! From books to public computers to video products to cake pans. We encourage young and old to become part of the activities. If you would be interested in volunteering for an event, serving on the board or foundation, please stop by the library or call 308-697-3836 or email us at bumemlib@swnebr.net.

CAMBRIDGE LIONS CLUB

When caring people join together, roll up their sleeves and take action to make their community better, it's a beautiful thing—and an incredible feeling for everyone involved. That's Lions! Being a Lion is about leading by example, building relationships and improving the world through kindness. It's 1.4 million caring men and women serving together so they can make a lasting impact and change more lives.



Cambridge Lion's Club actively promotes the program and mission through several projects in Cambridge. One of the biggest projects is the annual Christmas Food and Toy Drive. Our local Lion's club is always ready to step in and lend a helping hand to improve our community. To learn more about becoming a member, visit the City's website to contact the current Lion's Club President or visit www.lionsclubs.org. Meetings with a meal are held on the 2nd and 4th Monday of each month.

*"Life's most persistent and urgent question is,
What are you doing for others?" - Martin Luther King Jr.*

TRI VALLEY HEALTH SYSTEM AUXILIARY



The Cambridge Memorial Hospital Auxiliary's faithful service has produced hundreds of thousands of dollars for needed medical equipment and other support to the Tri Valley Health System from the Thrift Shop, a store in downtown Cambridge operated by the Auxiliary.

TRI VALLEY
HEALTH SYSTEM

The Auxiliary has contributed to every department in the hospital, local nursing homes, schools, EMTs and in support of a physician drive. Contributions have totaled more than \$250,000. It also awards an annual scholarship in memory of long-time member Maxine Price. The Thrift shop accepts donations of goods to help raise funds for the Tri Valley Medical Foundation.

Another Auxiliary opportunity is to volunteer as a greeter at the welcome counter at the Hospital. Volunteers greet incoming patients and visitors, helping them get to their destination. Volunteers are familiar with the hospital, which include the various departments and patient rooms. These people provide valuable information, answer questions, direct and escort patients to various departments within the hospital. The Tri Valley Treasures Gift Shop is also volunteer operated.

Whether you have a lot of time or just a little to give, you can make a difference. Our volunteers fill a variety of roles.

If you are interested in joining Auxiliary and volunteering at the Thrift Store or Welcome Desk, contact Tri Valley Health System at 308-697-3329 or email info@trivalleyhealth.com.

FURNAS COUNTY FAIR & RODEO

The Furnas County Fair provides small town, family fun and entertainment in a safe environment. Located in Beaver City, it is one of the few home owned carnivals around this area.

For over 25 years, our county carnival has been locally ran by volunteers. It all started with a few families desiring to see friendly faces at the annual carnival instead of traveling carnival groups. The dedication of the volunteers over the years has led to its success. Every July, hundreds of volunteers from all of the communities in Furnas County are needed to run rides, games, food booths, 4-H, and events, as well as setup and teardown of the fair grounds. This is a great opportunity for individuals and families to serve together and provide a great week of entertainment.

If you would like to volunteer, you can learn more by visiting the Furnas County Fair & Rodeo on Facebook.

Those who can, do. Those who can do more, volunteer.



ROTARY

The heart of Rotary is our members, dedicated people who share a passion for community service and friendship. Rotary is a global network of 1.2 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

Solving real problems takes real commitment and vision. For more than 110 years, Rotary's people of action have used their passion, energy, and intelligence to take action on sustainable projects. From literacy and peace, to water and health, we are always working to better our world, and we stay committed to the end.

Rotary members believe that we have a shared responsibility to take action on our world's most persistent issues. Members share ideas, make plans, hear from the community, and catch up with friends during club programs that fuel the impact we make. We meet weekly on Wednesdays at noon at the Cambridge Senior Center and welcome anyone who has a desire to become a part of our club. You can learn more about Rotary International at our website www.rotary.org or visit our local chapter on Facebook.

TEAMMATES

“Be There!” TeamMates is dedicated to providing “school based” mentoring for students in order to improve their hope and engagement, thus positively impacting their overall well-being and academic success.



TeamMates Mentoring Program began in 1991 with the vision of University of Nebraska Head Football Coach Tom Osborne and his wife Nancy. Coach Osborne felt that the athletes in his program could make an impact on the middle school students, and twenty-two football players began meeting with middle school students in the Lincoln Public Schools.

The program has changed quite a bit since then. TeamMates now serves thousands of boys and girls across the Midwest, and our mentors come from all walks of life. One thing, however, remains the same—our mentors just have to be there. It's that simple.

To learn more or signup, please visit our local chapter website for contact information at <http://chapters.teammates.org/chapters/cambridge/>

**Nothing teaches hope, kindness, courage,
and compassion like helping others.**

SENIOR CENTER

The Cambridge Senior Center strives to provide affordable, nutritious meals for seniors in Cambridge and the surrounding areas. Our delicious home cooked meals served Monday-Friday provide a social outlet for those who would maybe not cook for themselves. But don't let the fact that you're not a Senior citizen stop you from supporting the Senior Center, as the meals are open to everyone! Not only are we famous for our weekly Wednesday chicken dinner special, but our once-a-month Sunday Roast Beef Dinners make a great family outing as well.

How can you help support the Senior Center? Our monthly Sunday Roast Beef Dinners serve as our money-maker. The more we serve, the more we make. By joining us once a month, you help sustain our viability in the community. Additionally, we are always open to accept donations of salads and desserts to help round out our monthly Sunday meals. The more donations we get, the less out of pocket money is needed to provide a hearty meal.

If you would be interested in being on a "call list" when food donations are needed, please contact the Senior Center directly at 308-697-4889. You can also help support the Senior Center by joining us any day for a noon meal. Simply call in by 9:30am to let us know you'll be attending lunch that day.

MEALS ON WHEELS

At the core of the Meals on Wheels service is a nutritious meal, companionship and a watchful eye on the health and safety of our seniors and shut-ins. For many, the trusted Meals on Wheels volunteer who shows up every day with a meal and a smile is the only person they see or speak with all day. This special delivery is the reason to get up in the morning, something to look forward to, and a reminder to take good care of themselves. Meals on Wheels ensures that seniors have access to adequate nutrition even when family support, mobility and resources are lacking. Our local churches have organized a rotating schedule to take turns delivering the hearty noon meal to those who have trouble getting around, ensuring they are up and going and partaking in a nutritious meal each day.

If you would like to volunteer to deliver a meal and a smile to our local residents or perhaps serve on the Meals on Wheels board please contact one of the Cambridge churches.

FOOD PANTRY

Our local food pantry is a service that provides food to people in need. It is a "hand up" not a hand out. The food pantry receives, buys, stores and distributes food to those in our community that need it. A food pantry must follow local, state and federal laws that relate to all aspects of food safety. To donate food or help volunteer, please contact one of our local churches for more information.

Those who bring sunshine to the lives of others
cannot keep it from themselves." - *James Barrie*

PARK BOARD

The Cambridge Park Board takes pride in helping make Cambridge a beautiful place to visit and to live all year round. We are responsible for the first impressions of Cambridge: welcome signs, parks, campground, horse arena, flower gardens, and East & West town entrances with flower beds.

We are recognized as a Tree City USA member and participate in a yearly Arbor Day ceremonial tree planting celebration. The park houses the Norm Walburn Foundation Arboretum which is one of the few in Nebraska. We have recently built a new concession stand for the ball fields as well as partnered with Butler Memorial Library to establish a lending library post in the park. As we look to the future, we have many more exciting project goals ahead.

Making improvements to the park and maintaining the beauty of Cambridge however can only be achieved through the generous volunteerism of our residents. Do you have a passion in creating inviting spaces for individuals and families to gather, play and relax? There are opportunities to serve on our Park Board or volunteer as seasonal help with flower beds, a great opportunity for families or individuals. You can contact the City office for more information or visit the City website.

MUSEUM BOARD

The Museum Board makes decisions on the operation and maintenance of the museum, including the oversight of one employee. They also determine the display of items in the museum and assist with the historic school house at the park. There are five board members and they meet the 3rd Wednesday of each month at the museum. For more information, please visit the City's website.

CEMETERY BOARD

The Cemetery Board acts as an advisory to the city council. They provide oversight on the cemetery and maintain the directory. They also manage and maintain the flower bed that is located on the cemetery grounds. The board consists of five members. For more information, please visit the City's website.

MEDICINE CREEK DAYS

For over 40 years, Medicine Creek Days has been our annual hometown celebration in Cambridge. Fun activities, food and events for the whole family to enjoy each year in June. Our community comes together as businesses, families, and individuals to provide a parade, street dance, kids races, 5K race, rodeo, fireworks, and other great quality entertainment. It has become a wonderful time for alumni to return for gatherings as well. Dozens of volunteers are needed to make MCD successful. If you are interested in being a part of the MCD planning committee, please email the Chamber of Commerce at cambridgechamber1@gmail.com.

One of the greatest gifts you can give is your time.

TAKE THE NEXT STEP

Pick your top three organizations that most interest you and commit to learning more about them by visiting with someone in the organization. Then decide to get plugged into one or two!

- ◇ Volunteer Fire Department
- ◇ Emergency Medical Services
- ◇ Economic Development Board
- ◇ Chamber of Commerce Board
- ◇ Planning Commission Board
- ◇ Citizen's Advisory Board
- ◇ Teammates
- ◇ Rotary
- ◇ Lion's Club
- ◇ TVHS Auxiliary
- ◇ Library Foundation & Board
- ◇ Park Board
- ◇ Cemetery Board
- ◇ Museum Board
- ◇ Senior Center
- ◇ Meals on Wheels
- ◇ Food Pantry
- ◇ Medicine Creek Days Planning Committee
- ◇ Furnas County Fair

No one can do everything but
EVERYONE can do something.

Why be a Volunteer?

It's not for money, it's not for fame.

It's not for any personal gain.

It's just for love of fellowman.

It's just to lend a helping hand.

It's just to give a tithe of self.

That's something you can't buy with wealth.

It's not medals won with pride.

It's for that feeling deep inside.

It's that reward down in your heart.

It's that feeling that you've been a part
of helping others far and near,
that makes you be a Volunteer!

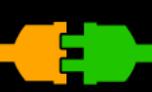
Author Unknown

Volunteers, a gift to the community!



**Here's to all volunteers,
those dedicated people who give selflessly
of their time, talent and treasures.**

**THANK YOU
FOR MAKING THE WORLD
A BETTER PLACE!**

#pluG  **Into**
CAMBRIDGE

Cambridge, Nebraska
www.cambridgene.org

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